

Week Four: *Analysis Paralysis*

Psalm 25:1-7

Spend FIFTEEN – Day One

1. What was the last big decision you had to make? Where did you go for information? How helpful was this? How dependable?
2. Read Psalm 25:1-7. Where did the psalmist look for guidance?
3. How dependable is this source, according to the psalmist?
4. Trusting God's character takes the fear out of choices. Look at verse 3. What attribute of God do you see?
5. How has God proved himself dependable or trustworthy in your life?
6. End your FIFTEEN in prayer. Ask God to help you believe in his trustworthy guidance as you make decisions this week.

Spend FIFTEEN – Day Two

7. Do you ever feel like you have too many options or choices?
8. Read Psalm 25:1-7 again. What does David, the psalmist, ask God to do? Why do you think David asked God to do this?
9. What name for God does David use in verse 5?
10. Do you believe God wants to save or rescue you? What proof do you have?
11. How has God saved you in the choices you have made?
12. How does knowing you have a God who saves free you from anxiety?
13. Read Romans 8:32. End your FIFTEEN in worship and thanksgiving as you meditate on this verse.

Spend FIFTEEN – Day Three

14. Have you ever made any bad decisions? How has this affected you? Did you think God would abandon you?

15. Read Psalm 25:1-7. Focus on verses 6 and 7. What characteristics of God are mentioned in verse 6?

16. Does this description of God in the Old Testament surprise you? Do you know any Old Testament stories of God's mercy and love?

17. David made a number of bad choices, including arranging a murder. What did God's mercy and love allow David to do?

18. How have you experienced God's mercy, love, and forgiveness?

19. Think about past bad decisions or upcoming difficult choices. End your FIFTEEN praying verses 6-7 with these in mind.

Spend FIFTEEN – Day Four

20. Do you ever dread making decisions? Ever want things to stay just the way they are?

21. Read Psalm 25:1-7 aloud. Reread the last phrase. What does David say about God?

22. What does it mean to say, "God is good"?

23. You may have heard, "God is good, all the time. All the time, God is good." Do you believe this?

24. How would living as if this was true impact your daily life? How would it affect your decision-making?

25. In His goodness, God has given us resources for decision-making: His Word, His people, His Spirit. End your FIFTEEN considering which of these resources you need to seek out today.

Spend FIFTEEN – Day Five

26. Has a decision ever overwhelmed or terrified you? Why?

27. How do you feel about having the freedom and power to make decisions?

28. What are the risks of having the freedom to choose?

29. We have found God to be trustworthy, a Savior, merciful, loving, and good in Psalm 25:1-7. Now look at Romans 8:28 and Proverbs 16:4. What do these tell you about God?

30. God is our safety net. He can and will save us from the worst consequences of our decisions when we ask. How does this comfort you? How will you apply it?

31. God can make a bad decision into something good. He can direct us into paths of blessing. End your FIFTEEN in prayer. Bring your impending choices before him. Thank him for his character. Ask him for guidance. Listen. Pray until you feel free of anxiety, fear, and guilt. Praise him for the freedom and peace he gives.