

LIFE groups

Winter & Spring Brochure 2019



ST. JOHN

AT THE INTERSECTION OF FAITH AND LIFE

Two are better than one, because...if either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up. Ecclesiastes 4:9-10

LIFEGroups are a way for people at St. John to move forward in their journey with God and to grow in their relationships with others. We weren't meant to go through life alone or isolated. And so we offer lots of different ways to get plugged in! In this book you'll see our various groups that are always open to new visitors. Hopefully, you'll find one that resonates with you. Additionally, if you're interested in a smaller group that meets in a home or neighborhood, please reach out to Janice Schultz at jschultz@stjstl.net or 636.779.2348.

We hope that St. John is a place where you will feel encouraged to take the next step on your LIFEjourney. Look at the list below: which step is God prompting you take today?

1.1.15.6

A Roadmap for your LIFEjourney

1: Give ONE DAY a week to God in worship and rest

1: Be someONE to another person for whom Christ died.

15: Spend FIFTEEN MINUTES each day in a faith-building discipline.

6: Live the SIX other DAYS serving God by serving others.

Doug Mauss

Groups & Care Pastor

ST. JOHN

At the intersection of faith and life.

First Steps

Getting Started Orientation

Day: Sunday

Dates of Class: Second Sunday of the Month (No session Dec. or July)

Time: 9:00am-10:30am

Location: Commons West

Description: Getting Started is a 90-minute orientation, focusing on St. John's beliefs, mission and culture. Getting Started offers a better understanding of what it really means to be on a LIFEjourney at St. John. At the end of this class you will be given the opportunity to commit to joining St. John on your LIFEjourney.

Facilitator: Julie Lorenz

Phone: 636.779.2343

Email: jlorenz@stjstl.net

Childcare available through Children's Ministry

Registration online at stjstl.net/gettingstarted

Getting Connected

Day: Sunday

Date: January 20, 2019

Time: 6:00pm-8:00pm

Location: Commons

Description: Come learn about all the amazing ways people at St. John are growing and serving together. At this happy-hour style event, you will enjoy appetizers, drinks, and games all while learning about LIFEgroups at St. John. You will get the chance to meet others interested in participating in LIFEgroups, and create lasting connections.

Contact: Janice Schultz

Phone: 636.779.2348

Email: jschultz@stjstl.net

Registration at stjstl.net/gettingconnected

Upcoming Events

Women's Ministry Events: Party with a Purpose

Day: Wednesday

Date: May 8, 2019

Time: 7:00pm

Location: St. John Commons

Description: Come and gather with other women of St. John for an evening of drinks & appetizers on Thursday, May 8. Throughout the evening women will have the opportunity to work on various projects to support local and international organizations serving women and children. No skills required! Join us to connect with other women and make an impact in the community and beyond.

Contact: Janice Schultz

Phone: 636.779.2348

Email: jschultz@stjstl.net

Registration will be available online in early spring.

IronMen Events: Casino BROyale

Day: Friday

Date: March 8, 2019

Time: 6:00pm-9:00pm

Location: Cornerstone

Description: Wanna bust out your inner James Bond? Brush up on your card-counting skills? Learn the basics of Texas Hold 'Em? At this IronMen Event, we'll have games, drinks, and the opportunity to learn some new skills while hanging out with the men of St. John. Shuffle up and deal!

Contact: Janice Schultz

Phone: 636.779.2348

Email: jschultz@stjstl.net

Register at stjstl.net/ironmen. Please bring photo I.D. this is a 21 and over event. Cost is \$20/person at the door.

Women's LIFEgroups

Mothers of Preschoolers (MOPS)

Day: Every other Thursday

Dates of Class: January 3 - May 9, 2019

Time: 9:15am-11:00am

Location: Next Generation Center, Lower Level, The Alley

Description: MOPS is a welcoming and open environment for every mom with a child age birth to Kindergarten who wants connection and a relationship with Jesus. We offer mentoring and leadership development opportunities as well as time for creative activities. There are always valuable teachings and life lessons gained within our meetings. Best of all.... we offer childcare!

Facilitator: Gold ~ Amy Calzada / Silver ~ Kelly Rosemann & Katie Haney

Phone: 314.809.2862 /314.922.6382 & 630.234.3479

Email: stjmops@gmail.com

Childcare available.

Bible Studies:

To register, visit stjstl.net/lifegroups

Women's Bible Study:

The Storm Inside by Sheila Walsh

Day: Tuesday

Dates of Class: January 8 - February 26, 2019

Time: 9:15am - 11:15am

Location: Ministry Center, 2nd Floor, Room 250

Description: In Sheila Walsh's book, The Storm Inside, she lets women know that they can grow in the midst of their everyday storms, no matter how they may feel. Constantly teetering between daily chaos and life-changing crisis, women often feel storms brewing, are

in the middle of a storm, or are facing the aftermath of a storm. Through Scripture and the sharing of personal stories, Sheila shows how heartbreak can become strength, shame lead to love, restoration undo rage, and courage overcome insignificance.

Facilitator: Susan Heep

Phone: 314.313.9113

Email: *sheep2117@att.net*

Free childcare available with pre-registration.

Books will be available for purchase at the first session (\$8).

Women's Bible Study:

He Chose the Nails by Max Ludado

Day: Tuesday

Dates of Class: March 5 - April 9, 2019

Time: 9:15am - 11:15am

Location: Ministry Center, 2nd Floor, Room 250

Description: Every gift from God reveals his love, but no gift reveals his love more than the gifts of the cross. Have we taken time to open these? As we do, we find that Jesus did it all just for us. The He Chose Study Guide includes video discussion questions, Bible exploration, personal study and reflection materials for in-between sessions, and an additional session for churches and small groups using this study as part of Lent.

Facilitator: Susan Heep

Phone: 314.313.9113

Email: *sheep2117@att.net*

Free childcare available with pre-registration.

Books will be available for purchase at the first session (\$8).

Women's Bible Study:

It's Not Supposed to be This Way by Lysa TerKeurst

Day: Tuesday

Dates of Class: January 8 - February 5, 2019

Time: 9:15am - 11:00am

Location: Ministry Center, 2nd Floor, Room 251

Description: Life often looks so very different than we hoped or expected. Some events may simply catch us off guard for a moment, but others shatter us completely. We feel disappointed and disillusioned, and we quietly start to wonder about the reality of God's goodness. Lysa TerKeurst understands this deeply. But she's also discovered that our disappointments can be the divine appointments our souls need to radically encounter God.

Facilitator: Vicki Longrie and Anna Alonzo

Phone: Vicki 314 378-2256/Anna 314.570.2883

Email: *vicki.longrie@att.net or amadance57@aol.com*

Free childcare available with pre-registration. No study guide required.

Women's Bible Study:

God of Creation - A Study of Genesis 1-11 by Jen Wilkin

Day: Tuesday

Dates of Class: January 8 - March 12, 2019

Time: 7:00pm - 9:00pm

Location: Ministry Center, 3rd Floor, Imagineering Room

Description: The opening lines and chapters of Genesis teach us fundamental truths about God. We watch Him bring light after darkness, order after chaos, and rest after toil—all through the power of His Word. Over 10 sessions of verse-by-verse study, dive into the first 11 chapters of Genesis by following three critical stages of understanding: comprehension, interpretation, and application. Teaching videos are key in understanding this study. Revisit familiar

stories and historical figures, challenge your basic knowledge, and discover deeper meanings in the text. As God reveals Himself through Scripture, we can only begin to understand ourselves when we first glimpse the character, attributes, and promises of our Creator.

Facilitator: Sharon Schaller

Phone: 314.520.1520

Email: sharon.schaller@nwfa.org

Participants guides may be purchased online at lifeway.com for \$12.99.

Women's Bible Study:

Seamless - Understanding the Bible as One Complete Story by Angie Smith

Day: Tuesday

Dates of Class: March 19 - May 7, 2019

Time: 7:00pm - 9:00pm

Location: Ministry Center, 3rd Floor, Imagineering Room

Description: In seven sessions, Seamless covers the people, places and promises of the Bible, tying them together into the greater story of Scripture. Participants will gain an overarching understanding of the fundamental layout and meaning of God's Word. Seamless helps replace insecurity that holds participants back with clarity and helping them move forward with confidence in their understanding of Scripture. Each week of study features key information that ties all of scripture together into the seamless truth of the gospel message and is accompanied by maps, general Bible facts, and word studies.

Facilitator: Sharon Schaller

Phone: 314.520.1520

Email: sharon.schaller@nwfa.org

Participants guides may be purchased online at lifeway.com for \$12.99.

Women's Bible Study:

Women of St. John LIFEgroup

Day: Thursday

Dates of Class: Ongoing

Time: 7:00am-8:00am

Location: The Wolf at Clayton and Kehrs Mill Roads

Description: This ongoing group decides together which Bible study it will discuss. The homework is moderate. The discussions are marvelous. In January the group will start a year long chronological study of the Bible using resources from Walk Thru the Bible. "The Daily Walk" is the name of the study and it is only available online - \$25.00 for monthly pamphlets for one year. Each participant should order her own copy of "The Daily Walk" online at <https://www.walkthrudevotionals.org/subscribe>.

Facilitator: Trish Alexandre

Phone: 636.227.8223

Email: joealexandre@sbcglobal.net

Women's Bible Study:

Living Way Bible Study: Pastoral Letters of Paul

Day: Thursday

Dates of Class: January 17 - April 25, 2019

Time: 9:30am – 11:00am

Location: Ministry Center, 2nd Floor, Room 250

Description: Pastor Waech (author of this study) says, "Our modern-day churches would do well to ponder Paul's advice to these early churches and their pastors. We often equate promotional activities with religious accomplishments and spend first-rate energy on second-rate causes." A thought-provoking study!

Facilitator: Ella Mae Sprick

Phone: 636.226.4698

Email: desprick@gmail.com

Materials are furnished in class.

Men's LIFEgroups

IronMen:

Contact the facilitator to join a group that fits your schedule

IronMen Group:

Changes based on group decision

Day: Friday

Dates of Class: Ongoing

Time: 6:00 AM

Location: IHOP in Ellisville

Facilitator: Allan Dukeshire

Phone: 314.600.0413

Email: *adukeshire@gmail.com*

IronMen Group:

Changes based on group decision

Day: Thursday

Dates of Class: Ongoing

Time: 6:00 AM

Location: Bread Co. in Chesterfield

Facilitator: Karl Kamrud

Phone: 636.667.6454

Email: *kkamrud@hotmail.com*

IronMen Group:

Changes based on group decision

Day: Friday

Dates of Class: Ongoing

Time: 6:00 AM

Location: The Wolf at Clayton and Kehrs Mill Roads

Facilitator: Tim Fitzgerald

Phone: 314.591.9606

Email: *trfitz@fitz-net.com*

IronMen Group:

Changes based on group decision

Day: Friday

Dates of Class: Ongoing

Time: 6:00 AM

Location: Bread Co. at Winchester Plaza

Facilitator: Ron Schultz

Phone: 314.707.0001

Email: *RPSHome1@gmail.com*

IronMen Group:

Changes based on group decision

Day: Thursday

Dates of Class: Ongoing

Time: 6:30am

Location: Six North Café near Henry and Clayton Rds, Ballwin

Facilitator: Beau Mitchell (co-led by David Jameson)

Phone: 314.581.4426

Email: *btmgg3@mail.umsl.edu*

IronMen Group:

Changes based on group decision

Day: Thursday

Dates of Class: Ongoing

Time: 8:00pm

Location: Location varies

Facilitator: Kevin Calzada

Phone: 636.579.2415

Email: *kcalzada@gmail.com*

IronMen Group:

Changes based on group decision

Day: Thursday

Dates of Class: Ongoing

Time: 6:00am

Location: St. John Commons

Facilitator: Ken Lucarz

Email: *ken.lucarz@gmail.com*

IronMen Group:

Changes based on group decision

Day: Tuesday

Dates of Class: Ongoing

Time: 6:00 AM

Location: Bread Co. in Wildwood

Facilitator: Joe Luberda

Phone: 636.458.6155

Email: *joeluberda@gmail.com*

IronMen Group:

Changes based on group decision

Day: Friday

Dates of Class: Ongoing

Time: 6:00 AM

Location: Bread Co. in Eureka

Facilitator: Brian Olivio

Email: *brian@ranch-o.com*

IronMen Group:

Changes based on group decision

Day: Friday

Dates of Class: Ongoing

Time: 6:15 AM

Location: The Wolf at Clayton and Kehrs Mill Roads

Facilitator: Brooke Graham

Phone: 314.443.4159

Email: *bcggraham@gmail.com*

IronMen Group:

Changes based on group decision

Day: Friday

Dates of Class: Ongoing (except summer)

Time: 6:00am

Location: Bread Co. in Winchester

Facilitator: Dave Weber

Phone: 314.406.4080

Email: *dave.weber@att.net*

IronMen Group:

Changes based on group decision

Day: Friday

Dates of Class: Ongoing

Time: 6:30am

Location: Chick-fil-a, Chesterfield

Facilitator: Dave Belleville

Email: *dave.belleville1979@gmail.com*

Co-Ed LIFEgroups

Life Stage:

Co-Ed Group:

Trailblazers

Day: Monday

Dates of Class: 2nd Monday of the Month

Time: 11:30am - 1:00pm

Location: Ministry Center Room 250

Description: Trailblazers is a luncheon program for mature adults. Each luncheon begins with a brief devotion and includes a guest speaker that varies monthly. Watch for more information on the Communication Card handed out during worship services.

Facilitator: Patti Hubbell

Phone: 636.227.6516

Email: *pattihubbell@yahoo.com*

Cost is \$10 for lunch. For lunch reservations, call Patti Hubbell at 636.227.6516

Co-Ed Group:

quarterLIFE

Day: Wednesday

Dates of Class: Ongoing

Time: 7:00pm - 8:30pm

Location: varies

Description: God has a plan for you right here, right now, in the quarterLIFE. He knows you are figuring the how, when, why and what of life. Some of you may be figuring out college, careers, finances, spouses, maybe even kids. No matter what you are doing, you are not alone. There are others like you, quarterLIFE is for people just like you. This group is made up of 20-somethings and is a mixture of

married couples, dating couples and singles, all without kids at the moment. What quarterLIFE group members have in common is the desire to connect with other people in a similar place on their LIFEjourney.

Contact: Janice Schultz

Phone: 636.779.2348

Email: jschultz@stjstl.net

Co-Ed Group:

Tiny Church Launch Group

Day: Wednesday

Description: This spring, Pastor Doug is leading a training program for a new way of doing group life and spiritual growth. If you'd like to see your own faith journey accelerate, and be equipped to better lead others on their own journey, please come experiment with Tiny Church - big changes can start with something small.

Contact Pastor Doug at dmauss@stjstl.net for more information.

Care:

Care Group:

Employment Workshop - Next workshop dates to be announced soon!

Description: Learn how to rewrite your resume for effective results, practice interviewing without anxiety, and hone you networking skills. Develop important positioning and exit statements. Led by John Meyer, a former human resources executive, this seminar received all outstanding ratings from the last group of participants.

Contact: Janice Schultz

Phone: 636.779.2348

Email: jschultz@stjstl.net

Co-Ed Group:

Financial Peace University

Day: Sunday

Dates of Class: January 13 - March 10, 2019

Time: 10:45am - 12pm

Location: Ministry Center, 2nd Floor, Room 251

Description: We all need a plan for our money. Financial Peace University (FPU), by Dave Ramsey, is that plan! It teaches God's ways of handling money. Through video teaching, class discussions and interactive small group activities, FPU presents biblical and practical steps to get from where you are to where you've dreamed you could be. This plan will show you how to get rid of debt, manage your money, spend and save wisely and much more! Led by John Brune.

Contact: Janice Schultz

Phone: 636.779.2348

Email: *jschultz@stjstl.net*

Childcare available through Children's Ministry

Please go to: <https://fpu.com/1079412> to purchase a membership kit at the class rate. Only one FPU membership kit is required per household. If you already own a kit, register for free at stjstl.net/fpu.

Care Group:

Cancer Companions

Day: 1st and 3rd Tuesday of each month (no session on New Year's Day)

Dates of Class: January 15 - May 21, 2019

Time: 6:30pm-8:00pm

Location: Ministry Center, 2nd floor, Room 250

Description: Cancer Companions are trained volunteers who support people in treatment for cancer, post treatment or the families or caregivers of those with cancer through individual meetings and/or Christian cancer support groups. Using a scripture-filled Bible study and video series called Seeing God in Your Journey, Cancer

Companions lead participants to explore what God is doing through their cancer journey. Led by Jane Ingle and Bob Anderson.

Facilitator: Janice Schultz

Phone: 636.779.2348

Email: jschultz@stjstl.net

Cost is \$25. Register online at stjstl.net/cancercompanions

Cancer Companions would like to invite you to join in a nationwide event called "30 Days of Cancer Prayer". Text the word "cancer" to 57838 to receive daily video prayers. Contact Jane Ingle at 636.561.1691 for more information.

Care Group:

GriefShare

Day: Monday

Dates of Class: February 4 - May 6, 2019

Time: 6:30pm - 8:30pm

Location: Ministry Center, 3rd Floor, Imagineering Room

Description: It may be hard for you to feel optimistic about the future right now. If you've lost a spouse, child, family member or friend, you've probably found there are not many people who understand the deep hurt you feel. GriefShare is a video-educational, support group that can help you move through grief and face the challenge of rebuilding your life. Led by Donna Hollingsworth.

Facilitator: Janice Schultz

Phone: 636.779.2348

Email: jschultz@stjstl.net

If you already have a book, you may register for free. Assistance with childcare is available upon request.

Cost is \$25. Register online at stjstl.net/griefshare

Care Group:

Loss of a Spouse

Day: Monday

Date: January 28, 2019

Time: 6:30pm - 8:30pm

Location: Commons West

Description: The death of a spouse brings a unique kind of pain. People who are widowed haven't just lost a loved one—they've lost an entire lifestyle. This seminar features a video with practical, encouraging advice from counselors, pastors, and widowed men and women, followed by a small-group sharing time. You'll learn what to expect in the days ahead, how to handle the loneliness, what to do with your spouse's belongings, and how to find the strength to go on. Everyone who attends receives a booklet with over 30 short readings on how to live with grief and eventually rebuild your life. Led by Donna Hollingsworth.

Facilitator: Janice Schultz

Phone: 636.779.2348

Email: jschultz@stjstl.net

There is no cost for this seminar. Register online at stjstl.net/griefshare

Meet the LIFEgroups Team



Doug Mauss
Groups and Care Pastor
dmauss@stjstl.net



Janice Schultz
Groups & Care
Admin. Assistant
jschultz@stjstl.net



Roger Altenberger
Visitation Pastor
care@stjstl.net

FOLLOW US

@stjstl



All LIFEgroups are open to the community.

More information about St. John, including registration for many of these offerings is available at stjstl.net/lifegroups.

Additional information about

LIFEgroups is available by contacting

Janice at jschultz@stjstl.net.



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