

# LIFE groups

Fall Brochure 2018



ST. JOHN

AT THE INTERSECTION OF FAITH AND LIFE

*Two are better than one, because...if either of them falls down, one can help the other up. But pity anyone who falls and has no one to help them up. Ecclesiastes 4:9-10*

LIFEgroups are a way for people at St. John to move forward in their journey with God and to grow in their relationships with others. We weren't meant to go through life alone or isolated. And so we offer lots of different ways to get plugged in! In this book you'll see our various groups that are always open to new visitors. Hopefully, you'll find one that resonates with you. Additionally, if you're interested in a smaller group that meets in a home or neighborhood, please reach out to Janice Schultz at [jschultz@stjstl.net](mailto:jschultz@stjstl.net) or 636.779.2348.

We hope that St. John is a place where you will feel encouraged to take the next step on your LIFEjourney. Look at the list below: which step is God prompting you take today?

## **1.1.15.6**

### **A Roadmap for your LIFEjourney**

**1: Give ONE DAY a week to God in worship and rest**

**1: Be someONE to another person for whom Christ died.**

**15: Spend FIFTEEN MINUTES each day in a faith-building discipline.**

**Doug Mauss**  
*Groups & Care Pastor*

**ST. JOHN**

*At the intersection of faith and life.*

# First Steps

## Getting Started Orientation

**Day:** Sunday

**Dates of Class:** Second Sunday of the Month (No session Dec '18) -

**Time:** 9:00am-10:30am

**Location:** Location varies – see weekend handout

**Description:** Getting Started is a 90-minute orientation, focusing on St. John's beliefs, mission and culture. Getting Started offers a better understanding of what it really means to be on a LIFEjourney at St. John. At the end of this class you will be given the opportunity to commit to joining St. John on your LIFEjourney.

**Facilitator:** Julie Lorenz

**Phone:** 636.779.2343

**Email:** [jlorenz@stjstl.net](mailto:jlorenz@stjstl.net)

**Childcare available through Children's Ministry**

**Registration online at [stjstl.net](http://stjstl.net)**

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## Getting Connected

**Day:** Saturday

**Dates of Class:** September 29, 2018

**Time:** 6:00pm-8:00pm

**Location:** The Commons

**Description:** Come learn about all the amazing ways people at St. John are growing and serving together. At this happy-hour style event, you will enjoy appetizers, drinks, and games all while learning about LIFEgroups at St. John. You will get the chance to meet others interested in participating in LIFEgroups, and create lasting connections.

**Facilitator:** Janice Schultz

**Phone:** 636.779.2348

**Email:** [jschultz@stjstl.net](mailto:jschultz@stjstl.net)

**Registration at [stjstl.net/gettingconnected](http://stjstl.net/gettingconnected)**

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# Upcoming Events

## **Women's Ministry Events: Jen Hatmaker's Moxie Matters Tour**

**Day:** Wednesday

**Date:** October 10, 2018

**Time:** 10:00am matinee and 7:00pm

**Location:** St. John Sanctuary

**Description:** Moxie Matters is a one-night event featuring Jen Hatmaker and Nichole Nordeman. The format is a blend of music, stories, and conversation. Go to [stjstl.net/stjwomen](http://stjstl.net/stjwomen) for ticket info.

**Contact:** Janice Schultz

**Phone:** 636.779.2348

**Email:** [jschultz@stjstl.net](mailto:jschultz@stjstl.net)

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## **Women's Ministry Events: Advent by Candlelight**

**Day:** Sunday

**Date:** December 2, 2018

**Time:** 6:30pm

**Location:** St. John Sanctuary

**Description:** Come be inspired during this enjoyable evening for women with refreshing music and a thought-provoking speaker followed by delicious desserts in our newly renovated Commons! Watch for more information about our new format and opportunities to serve!

**Contact:** Janice Schultz

**Phone:** 636.779.2348

**Email:** [jschultz@stjstl.net](mailto:jschultz@stjstl.net)

**Registration will open at the end of October at [stjstl.net/stjwomen](http://stjstl.net/stjwomen).**

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## **IronMen Events: OktoBROfest**

**Day:** Friday

**Date:** October 12, 2018

**Time:** 6:00pm-9:00pm

**Location:** St. John West Parking Lot

**Description:** Are you a man? Do you like brats, beer, and hanging out? OktoBROfest is the first of this year's events designed by men, for men. It's gonna have beer, brats, and more! Sample local craft beer throughout the night, and take home manly giveaways. Invite your buddies, don't miss out.

**Contact:** Janice Schultz

**Phone:** 636.779.2348

**Email:** *jschultz@stjstl.net*

**Registration is preferred (to help with ordering food) at [stjstl.net/ironmen](http://stjstl.net/ironmen). Please bring photo I.D. this is a 21 and over event. Cost is \$15/person at the door.**

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# Women's LIFEgroups

## Moms:

Adult Group:

**Mothers of Preschoolers (MOPS)**

**Day:** Every other Thursday

**Dates of Class:** August 2018 - April 2019

**Time:** 9:15am-11:00am

**Location:** Next Generation Center, Lower Level, The Alley

**Description:** Being a mom is one of the most difficult jobs on earth, especially during the early years. Our goal in MOPS is to provide moms with a strong and loving support system, to connect them with other moms, and help them to grow in their God-given purposes as individuals and leaders. MOPS offers a welcoming and open environment for moms with a child age birth to Kindergarten. We offer mentoring and leadership development opportunities as well as time for creative activities. There are always valuable teachings and life lessons gained within our meetings. Best of all.... we offer childcare!

**Facilitator:** Gold ~ Amy Calzada / Silver ~ Kelly Rosemann

**Phone:** 314.809.2862 /314.922.6382

**Email:** *stjmops@gmail.com*

**Childcare available.**

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# Bible Studies:

*To register, visit [stjstl.net](http://stjstl.net)*

Women's Bible Study:

**Finding I Am by Lisa TerKeurst**

**Day:** Tuesday

**Dates of Class:** September 11 - October 16, 2018

**Time:** 9:15am - 11:15am

**Location:** Ministry Center, 2nd Floor, Room 250

**Description:** What is the deep cry of your heart? That ache in your soul that keeps you up at night? The prayer you keep repeating? Jesus not only cares about this deep, spiritual wrestling, but He also wants to step in and see you through it. Join Lysa TerKeurst on the streets of Israel to explore the seven I AM statements of Jesus found in the Gospel of John. Through this interactive, in-depth study, you will learn to: Trade feelings of emptiness and depletion for a more personal fulfillment from knowing who Jesus is; stop living like a slave to your circumstances by training your heart to embrace the life-giving freedom God wants for you; and gain a better understanding of how Jesus' words 2,000 years ago are so very applicable to the answers we are searching for today.

**Facilitator:** Susan Heep

**Phone:** 314.313.9113

**Email:** [sheep2117@att.net](mailto:sheep2117@att.net)

**Free childcare available with pre-registration.**

**Books available for \$15 at the first session.**

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Women's Bible Study:

**Psalm 23: The Shepherd with Me by Jennifer Rothschild**

**Day:** Tuesday

**Dates of Class:** October 23 - December 11, 2018

**Time:** 9:15am - 11:15am

**Location:** Ministry Center, 2nd Floor, Room 250

**Description:** Many women know Psalm 23 by heart but haven't experienced its power in their lives. This beloved psalm can breathe new life into women who are weary and unsure of their next steps. It's more

than a psalm that comforts in death; it gives confidence in life. Experience the depths of God's care for you tucked in the psalm you've always loved. Discover how to let your guard down and let God's presence be your confidence. Learn that your vulnerability is not a liability because your Shepherd made you to need Him.

**Facilitator:** Susan Heep

**Phone:** 314.313.9113

**Email:** *sheep2117@att.net*

**Free childcare available with pre-registration.**

**Books available for \$13 at the first session.**

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Women's Bible Study:

**Of Mess and Moxie by Jen Hatmaker book study**

**Day:** Tuesday

**Dates of Class:** September 18 - October 09, 2018

**Time:** 9:15am - 11:00am

**Location:** Ministry Center, 2nd Floor, Room 251

**Description:** Read and discuss Jen Hatmaker's book before she comes to St. John on October 10, 2018! Jen believes backbone is the birthright of every woman. Women have been demonstrating resiliency and resolve since forever. They have incredibly strong shoulders to bear loss, hope, grief, and vision. "She laughs at the days to come" is how the ancient wisdom writings put it. But somehow women have gotten the message that pain and failure mean they must be doing things wrong, that they messed up the rules or tricks for a seamless life. As it turns out, every last woman faces confusion and loss, missteps and catastrophic malfunctions, no matter how much she is doing "right." Struggle doesn't mean they're weak; it means they're alive. Jen Hatmaker, beloved author, Big Sister Emeritus, and Chief BFF, offers another round of hilarious tales, frank honesty, and hope for the woman who has forgotten her moxie. Whether discussing the grapple with change, or the time she drove to the wrong city for a fourth-grade field trip, Jen parlays her own triumphs and tragedies into a sigh of relief for all normal, fierce women everywhere who, like her, sometimes hide in the car eating crackers but also want to get back up and get back out, to live undaunted "in the moment" no matter what the moments hold.



**Facilitators:** Joan Bechtold and Vicki Longrie

**Phone:** 314.378.2256

**Email:** *vicki.longrie@att.net*

**Free childcare available with pre-registration.**

**Books available on amazon.com**

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Women's Bible Study:

**Everybody, Always by Bob Goff**

**Day:** Tuesday

**Dates of Class:** October 16 - November 13, 2018

**Time:** 9:15am - 11:00am

**Location:** Ministry Center, 2nd Floor, Room 251

**Description:** In this five-session video Bible study, bestselling author Bob Goff shares some of the stories from his life that have helped him understand what it truly means to love everybody the way Jesus loved them-without fear, insecurity, or restriction. This begins by loving people right where you are through serving and helping the neighbors God has placed into your world. It means loving people when they mess up and helping them move past the place of shame to acceptance. It continues by being courageous and following where God leads one step at a time-even if you feel you are flying blind. Above all, it means not just agreeing with Jesus but actually stepping out and doing what Jesus said. Following Christ means more than just putting a toe in the water when it comes to loving others. It means grabbing your knees and doing a cannonball! And, as Jesus revealed, it means loving the difficult ones. Everybody, Always will provide practical steps to help you take that journey.

**Facilitator:** Joan Bechtold, and Vicki Longrie

**Phone:** 314.378.2256

**Email:** *vicki.longrie@att.net*

**Free childcare available with pre-registration.**

**Books available on amazon.com**

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Women's Bible Study:

**The Apostles' Creed by Matt Chandler**

**Day:** Tuesday

**Dates of Class:** September 11 - November 20, 2018

**Time:** 7:00pm - 9:00pm

**Location:** Ministry Center, 3rd Floor, Imagineering Room

**Description:** An in-depth examination of the primary tenets of Christianity. The Apostles' Creed was born from the apostles' teachings. It contains essential doctrines and beliefs that summarize the gospel and the foundation of our faith. The scriptural truths contained in the creed enable us to build our Christian lives on good theology, with the knowledge that our faith is rooted in truth and a rich history. The lines of the creed aren't mere words. They are the essence of what we confess and believe. Creeds don't hold any authority apart from Scripture, but they do point outside themselves to the authoritative Word of God. The Apostles' Creed was traditionally used as a public confession before baptism. This confession of faith, given as a recitation of the creed, was understood as an act of turning away from previous pagan beliefs and fully accepting apostolic teaching. This profession identified new believers with the community of Christians. This study leads to greater clarity of our religion, greater symmetry and balance as a disciple, and a more profound sense of belonging in the kingdom of God.

**Facilitator:** Sharon Schaller

**Phone:** 314.520.1520

**Email:** [sharon.schaller@nwfa.org](mailto:sharon.schaller@nwfa.org)

**Study Book \$12.99 at [www.lifeway.com](http://www.lifeway.com) or Lifeway Christian Bookstore in Bridgeton, or [Amazon.com](http://Amazon.com) for \$18.25.**

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Women's Bible Study:

**Women of St. John LIFEgroup**

**Day:** Thursday

**Dates of Class:** Ongoing -

**Time:** 7:00am-7:30am Coffee and Conversation

7:30am-8:00am Bible Study

**Location:** The Wolf at Clayton and Kehrs Mill Roads

**Description:** This ongoing group decides together which Bible study it will discuss. The homework is moderate. The discussions are marvelous. The group is currently studying Here I Am, Lord...Send Somebody Else by Jill Briscoe.

**Facilitator:** Trish Alexandre

**Phone:** 636.227.8223

**Email:** [joealexandre@sbcglobal.net](mailto:joealexandre@sbcglobal.net)

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Women's Bible Study:

**Living Way Bible Study: Great Miracles of the New Testament**

**Day:** Thursday

**Dates of Class:** September 13 - November 29, 2018

**Time:** 9:30am – 11:00am

**Location:** Ministry Center, 2nd Floor, Room 250

**Description:** In this study, you will examine some of the tremendous moments of our Lord's intervention in the natural course of history and human events. The author does so with the understanding that such miracles have literally occurred as described in Scripture. God's interventions are seen as important to His overall plan of demonstrating redemption and salvation through His Son, Jesus Christ.

**Facilitator:** Ella Mae Sprick

**Phone:** 636.226.4698

**Email:** [desprick@gmail.com](mailto:desprick@gmail.com)

**Materials are furnished in class.**

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# Men's LIFEgroups

## IronMen:

*Contact the facilitator to join a group that fits your schedule.*

**Changes based on group decision**

**Day:** Friday

**Dates of Class:** Ongoing

**Time:** 6:00 AM

**Location:** IHOP in Ellisville

**Facilitator:** Allan Dukeshire

**Phone:** 314.600.0413

**Email:** [adukeshire@gmail.com](mailto:adukeshire@gmail.com)

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**Changes based on group decision**

**Day:** Thursday

**Dates of Class:** Ongoing

**Time:** 6:00 AM

**Location:** Bread Co. in Chesterfield

**Facilitator:** Karl Kamrud

**Phone:** 636.667.6454

**Email:** [kkamrud@hotmail.com](mailto:kkamrud@hotmail.com)

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**Changes based on group decision**

**Day:** Friday

**Dates of Class:** Ongoing

**Time:** 6:00 AM

**Location:** Bread Co. in Wildwood

**Facilitator:** Tim Fitzgerald

**Phone:** 314.591.9606

**Email:** [trfitz@fitz-net.com](mailto:trfitz@fitz-net.com)

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**Changes based on group decision**

**Day:** Friday

**Dates of Class:** Ongoing

**Time:** 6:00 AM

**Location:** Bread Co. at Winchester Plaza

**Facilitator:** Ron Schultz

**Phone:** 314.707.0001

**Email:** *RPSHome1@gmail.com*

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**Changes based on group decision**

**Day:** Thursday

**Dates of Class:** Ongoing

**Time:** 6:15am

**Location:** Six North Café near Henry and Clayton Rds, Ballwin

**Facilitator:** Beau Mitchell (co-led by David Jameson)

**Phone:** 314.581.4426

**Email:** *btmgg3@mail.umsl.edu*

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**Changes based on group decision**

**Day:** Wednesday

**Dates of Class:** Ongoing

**Time:** 6:30am

**Location:** The Wolf at Clayton and Kehrs Mill Roads

**Facilitator:** Dave Lochmann, Sr.

**Phone:** 636.394.2980

**Email:** *dblochmann@att.net*

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**Changes based on group decision**

**Day:** Tuesday

**Dates of Class:** Ongoing

**Time:** 6:00 AM

**Location:** Bread Co. in Wildwood

**Facilitator:** Joe Luberda

**Phone:** 636.458.6155

**Email:** *joeluberda@gmail.com*

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**Changes based on group decision**

**Day:** Friday

**Dates of Class:** Ongoing

**Time:** 6:00 AM

**Location:** Bread Co. in Eureka

**Facilitator:** Brian Olivio

**Email:** *brian@ranch-o.com*

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**Changes based on group decision**

**Day:** Friday

**Dates of Class:** Ongoing

**Time:** 6:15 AM

**Location:** The Wolf at Clayton and Kehrs Mill Roads

**Facilitator:** Brooke Graham

**Phone:** 314.443.4159

**Email:** *bcggraham@gmail.com*

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# Co-Ed LIFEgroups

## Life Stage:

Co-Ed Group:

**Trailblazers**

**Day:** Monday

**Dates of Class:** 2nd Monday of the Month, September - May

**Time:** 11:30am - 1:00pm

**Location:** Ministry Center Room 250

**Description:** Trailblazers is a luncheon program for mature adults. Each luncheon begins with a brief devotion and includes a guest speaker that varies monthly. Watch for more information in the Weekly Communication Piece handed out during worship services.

**Facilitator:** Janice Schultz

**Phone:** 636.779.2348

**Email:** [jschultz@stjstl.net](mailto:jschultz@stjstl.net)

**Cost is \$10 for lunch. For lunch reservations, call Patti Hubbell at 636.227.6516**

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Co-Ed Group:

**quarterLIFE**

**Description:** God has a plan for you right here, right now, in the quarterLIFE. He knows you are figuring the how, when, why and what of life. Some of you may be figuring out college, careers, finances, spouses, maybe even kids. No matter what you are doing, you are not alone. There are others like you, quarterLIFE is for people just like you. Most groups are divided up by phase of life: recent high school grads, college-aged, post-college age, or late 20s. Some in the quarterLIFE are married, some are not, some have kids, and some do not. What quarterLIFE groups do have in common is the desire to connect with other people in a similar place on their LIFEjourney.

**Facilitator:** Janice Schultz

**Phone:** 636.779.2348

**Email:** [jschultz@stjstl.net](mailto:jschultz@stjstl.net)

Co-Ed Group:

**Tiny Church**

**Description:** Interested in doing church in a more personal way? Would you like to be part of reaching unchurched friends and neighbors, as well as growing in your own personal faith journey? Then consider joining our Tiny Church movement.

**Facilitator:** Doug Mauss

**Phone:** 636.779.2353

**Email:** *[dmauss@stjstl.net](mailto:dmauss@stjstl.net)*

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# Care:

Co-Ed Group:

**Monthly Small Group for Families of Gays and Lesbians**

**Day:** Sunday

**Dates of Class:** - September - May

**Description:** Do you have a family member that is gay or lesbian? Have you ever wished you had a group of others like yourself to encourage and support you? If so, we'd like to invite you to join a monthly Small Group for families of Gays and Lesbians. Gather with others for discussion and support as we learn ways to relate to our loved ones.

**Facilitator:** Doug Mauss

**Phone:** 636.779.2353

**Email:** *dmauss@stjstl.net*

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Care Group:

**Employment Workshop**

**Day:** Thursday/Friday

**Dates of Class:** September 20 - September 21, 2018

**Time:** 9:00am - 12:00pm (Th) 9:00am - 4:00pm (F)

**Location:** Ministry Center, 2nd Floor, Imagineering Room

**Description:** Learn how to rewrite your resume for effective results, practice interviewing without anxiety, and hone you networking skills. Develop important positioning and exit statements. Led by John Meyer, a former human resources executive, this seminar received all outstanding ratings from the last group of participants. Registration and attendance on both days is required. Lunch on Friday is provided. Led by John Meyer.

**Facilitator:** Janice Schultz

**Phone:** 636.779.2348

**Email:** *jschultz@stjstl.net*

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Care Group:

**Financial Peace University**

**Day:** Tuesday

**Dates of Class:** September 18 - November 13, 2018

**Time:** 5:30pm-7:00pm

**Location:** Ministry Center, 3rd Floor, Conference Room A

**Description:** We all need a plan for our money. Financial Peace University (FPU), by Dave Ramsey, is that plan! It teaches God's ways of handling money. Through video teaching, class discussions and interactive small group activities, FPU presents biblical and practical steps to get from where you are to where you've dreamed you could be. This plan will show you how to get rid of debt, manage your money, spend and save wisely and much more! Led by Danielle Vieth.

**Facilitator:** Janice Schultz

**Phone:** 636.779.2348

**Email:** [jschultz@stjstl.net](mailto:jschultz@stjstl.net)

**Assistance with childcare is available upon request.**

**Please go to:** [daveramsey.com/fpu](http://daveramsey.com/fpu) to purchase a membership kit. Only one FPU membership kit is required per household. If you already own a kit, register for free at [stjstl.net/fpu](http://stjstl.net/fpu).

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Care Group:

**Cancer Companions**

**Day:** 1st and 3rd Tuesday of each month beginning September 18

**Kickoff Night:** September 11, 2018

**Time:** 6:30pm-8:00pm

**Location:** Ministry Center, 2nd floor, Room 250

**Description:** Cancer Companions are trained volunteers who support people in treatment for cancer, post treatment or the families or caregivers of those with cancer through individual meetings and/or Christian cancer support groups. Using a scripture-filled Bible study and video series called Seeing God in Your Journey, Cancer Companions lead participants to explore what God is doing through their cancer journey. Led by Jane Ingleand Bob Anderson.

**Facilitator:** Janice Schultz

**Phone:** 636-779-2348

**Email:** *jschultz@stjstl.net*

**Cost is \$25. Register online at [stjstl.net](http://stjstl.net)**

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Care Group:

**Loss of a Spouse**

**Day:** Monday

**Dates of Class:** September 10, 2018

**Time:** 6:30pm - 8:30pm

**Location:** Ministry Center, 3rd Floor, Imagineering Room

**Description:** It may be hard for you to feel optimistic about the future right now. If you've lost a spouse, child, family member or friend, you've probably found there are not many people who understand the deep hurt you feel. GriefShare is a video-educational, support group that can help you move through grief and face the challenge of rebuilding your life. Led by Donna Hollingsworth.

**Facilitator:** Janice Schultz

**Phone:** 636.779.2348

**Email:** *jschultz@stjstl.net*

**Assistance with childcare is available upon request.**

**Register online at [stjstl.net](http://stjstl.net)**

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Care Group:

**GriefShare**

**Day:** Monday

**Dates of Class:** September 17 - December 10, 2018

**Time:** 6:30pm - 8:30pm

**Location:** Ministry Center, 3rd Floor, Imagineering Room

**Description:** It may be hard for you to feel optimistic about the future right now. If you've lost a spouse, child, family member or friend, you've probably found there are not many people who understand the deep hurt you feel. GriefShare is a video-educational, support group that can help

you move through grief and face the challenge of rebuilding your life. Led by Donna Hollingsworth.

**Facilitator:** Janice Schultz

**Phone:** 636.779.2348

**Email:** [jschultz@stjstl.net](mailto:jschultz@stjstl.net)

**If you already have a book, you may register for free. Assistance with childcare is available upon request.**

**Cost is \$25. Register online at [stjstl.net](http://stjstl.net)**

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Care Group:

**DivorceCare**

**Day:** Wednesday

**Dates of Class:** October 10 – January 2, 2019

**Time:** 6:30pm - 8:30pm

**Location:** Ministry Center, 3rd Floor, Conference Room B

**Description:** Find help and healing for the hurt of separation and divorce. DivorceCare is a friendly and caring group of people who will walk alongside you through one of life's most difficult experiences. Don't go through separation or divorce alone. This video-educational study made by people who understand what you are going through, will help you deal with the pain of the past and look forward to rebuilding your life.

**Facilitator:** Janice Schultz

**Phone:** 636.779.2348

**Email:** [jschultz@stjstl.net](mailto:jschultz@stjstl.net)

**If you already have a book, you may register for free. Assistance with childcare is available upon request.**

**Cost is \$25. Register online at [stjstl.net](http://stjstl.net)**

# Meet the LIFEgroups Team



**Doug Mauss**  
Groups and Care Pastor  
*[dmauss@stjstl.net](mailto:dmauss@stjstl.net)*



**Janice Schultz**  
Groups & Care  
Admin. Assistant  
*[jschultz@stjstl.net](mailto:jschultz@stjstl.net)*

# FOLLOW US

@stjstl



All LIFEgroups are open to the community.

More information about St.John, including registration for many of these offerings is available at [stjstl.net/lifegroups](http://stjstl.net/lifegroups).

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Additional information about

LIFEgroups is available by contacting

Janice at [jschultz@stjstl.net](mailto:jschultz@stjstl.net).



15800 Manchester Rd., Ellisville, MO 63011 | [stjstl.net](http://stjstl.net) | 636.394.4100

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