**Lunch Menu –November 2018**

St. John Lutheran School

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  |  |  | 2**STANDARD TRAY**  Mac’n Cheese**HEALTHY OPTION**  Southwest Bowl**CHEF’S SPECIAL** Chicken Fried Chicken w/mashed potatoes | 3**STANDARD TRAY**  Pepper Belly**HEALTHY OPTION**  Grilled Chicken Sandwich**CHEF’S SPECIAL** Popcorn Chicken Bowl  |
| 5**STANDARD TRAY**  Cheese Burger**HEALTHY OPTION**  Chef Salad w/ Egg, Turkey and Ham**CHEF’S SPECIAL**  Turkey w/Gravy and Mashed Potatoes | 6**STANDARD TRAY**  Toasted Ravioli w/Sauce**HEALTHY OPTION**  Baked Chicken Legs w/choice of sauce**CHEF’S SPECIAL**  Loaded Baked Potato   | 7**STANDARD TRAY**  Pizza**HEALTHY OPTION** Chicken Noodle Soup w/Roll **CHEF’S SPECIAL** Chicken Caesar Salad | 8**STANDARD TRAY**  Chicken Stir-Fry**HEALTHY OPTION**  Grilled Chicken Sandwich**CHEF’S SPECIAL** Biscuit Pot Pie  | 9**STANDARD TRAY**  Chicken Strips**HEALTHY OPTION**  Turkey Club Wrap**CHEF’S SPECIAL** Baked Potato Soup  |
| 12**STANDARD TRAY**  Breakfast/Pancakes**HEALTHY OPTION**  Tossed Salad w/Chicken**CHEF’S SPECIAL** Broccoli Cheddar Soup  | 13**STANDARD TRAY**  Sloppy Joes**HEALTHY OPTION**  Grilled Chicken Tacos**CHEF’S SPECIAL**  Loaded Baked Potato   | 14**STANDARD TRAY**  Pizza**HEALTHY OPTION** Chicken Noodle Soup w/Roll **CHEF’S SPECIAL** Chicken Caesar Salad | 15**STANDARD TRAY**  Butter Noodles w/parmigiana cheese**HEALTHY OPTION**  Southwest Bowl**CHEF’S SPECIAL** Chicken Fried Chicken w/mashed potatoes | 16**Thanksgiving Feast** |
| 19**STANDARD TRAY**  Breakfast/Biscuit w/Gravy**HEALTHY OPTION**  Spaghetti w/Tomato Sauce**CHEF’S SPECIAL** Turkey w/Gravy and Mashed Potatoes | 20**PIZZA HUT** | 21**Thanksgiving Break** | 22**Thanksgiving Break** | 23**Thanksgiving Break** |
| 26**STANDARD TRAY**  Cheese Burger**HEALTHY OPTION**  Chef Salad w/ Egg, Turkey and Ham**CHEF’S SPECIAL**  Turkey w/Gravy and Mashed Potatoes | 27**STANDARD TRAY**  Sweet and Sour Chicken**HEALTHY OPTION**  Chef Salad w/ Egg, Turkey and Ham**CHEF’S SPECIAL**  Loaded Baked Potato   | 28**STANDARD TRAY**  Pizza**HEALTHY OPTION** Chicken Noodle Soup w/Roll **CHEF’S SPECIAL** Chicken Caesar Salad | 29**STANDARD TRAY**  Chicken Stir-Fry**HEALTHY OPTION**  Grilled Chicken Sandwich**CHEF’S SPECIAL** Biscuit Pot Pie | 30**STANDARD TRAY**  Chicken Strips**HEALTHY OPTION**  Turkey Club Wrap**CHEF’S SPECIAL** Baked Potato Soup |